

COMMUNITY RESOURCES & SERVICES

Always check with your insurance company first for treatment referrals/approval

24-Hour Assessment and Treatment Programs

- Child Priority Response (CPR)/provided by Delaware Guidance
for those with no insurance or Medicaid only
(302) 633-5128 / 1-800-969-HELP (4357) / Wilmington (302) 652-3948 / Newark (302) 455-9333
 - Christiana Care Hospital ER (Newark): (302) 733-1000
 - MeadowWood (ages 12 and older): *24/7 free assessments & referrals (844) 552-7108
 - Rockford Center: 24/7 free assessments & referrals (302) 996-5480 / (866) 847-4357 (toll free)
 - Rosenblum Adolescent Center (Division of Christiana Care) (Wilmington): (302) 428-2100
- *MeadowWood, Rockford and Rosenblum accept private insurance only, unless directly referred by CPR.*

24-Hour Crisis Hotlines

- Delaware Helpline: www.delaware211.org
 - The helpline can give access to help with needs such as:
 - Emergency Housing / Food
 - Utilities Assistance
 - Transportation
 - Financial Assistance
- Delaware Victim Center: (800) 842-8461
- Domestic Violence Hotline: (302) 762-6110
- 24 Hr. Child Abuse/Neglect Hotline (DSCYF): 1-800-292-9582
- 24 Hr. Child Mental Health Crisis Services (children under 18): 1-800-969-HELP (4357)
- Christiana Care Crisis Hotline: (302) 320-2118
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Rape Crisis Hotline: (800) 262-9800
- Suicide & Crisis Hotlines: (302) 761-9100 / (302) 652-2929
- Youth Runaway Hotline: (302) 762-6373

Outpatient Mental Health Treatment Services

- Catholic Charities (Wilmington): (referrals go through CMH) (302) 655-9624
- Center for Mental Wellness (Newark, Dover): (302) 266-6200 / (302) 674-1397
- Children & Families First (Wilmington): (302) 658-5177
- Christiana Counseling (Wilmington): (302) 995-1680
- Delaware Guidance Services: (302) 652-3948 (Wilmington); (302) 455-9333 (Newark)
Mid-Atlantic Behavioral Health (Newark): (302) 224-1400 / 1-800-281-3482
- Division of Child Mental Health Services: (302) 633-2695

Special Populations Treatment

- Aquila of DE (Substance Abuse): (302) 999-1106 (Wilmington)
- SODAT Delaware (Substance Abuse): (302) 656-4044 (Wilmington)
- LGBTQ (Lesbian, Gay, Bisexual, Transgender or Questioning) Youth Delaware Hotline: 800-810-6776
- PIC (Parent Information Center): (302) 999-7394 *for parents/caregivers of children with disabilities
- Planned Parenthood: (302) 731-7801 (Newark)/ (302) 655-7293 (Wilmington) 800-230-PLAN (7526)
- Safe Arms for Babies: 1-800-262-9800
- SOAR (Survivors of Abuse in Recovery), Inc. (counseling for sexual abuse): (302) 655-3953 (Wilmington)
- Supporting Kidds (Grief/Loss for children/families): (302) 235-5544 www.supportingkidds.org
- PACE Inc. (Substance Abuse): (302) 999-9812

Community Resources

- Bellefonte Centers for Children and Families: (302) 442-6620
- Birth to Three Intervention: (302) 255-9137
- Brandywine Counseling: (302) 504-5999
- CCAC - Early Childhood Center: (302) 588-6356
- Children and Families First: (302) 354-9138
- Christiana Care Health Ambassadors: (302) 320-6213
- Citizens Bank: (302) 834-2611
- DAB Mediation Consultation, LLC: (302) 382-3065
- Delaware Fatherhood and Family Coalition: (302) 322-0939
- Delmarva Power: (302) 388-0854
- Food Bank of DE: (302) 292-1305, ext. 267
- Foster Grandparent Program: (302) 255-9899
- Generation Program: (610) 522-7373
- Great Scott Consulting: (302) 897-2991
- Hand in Hand Counseling Services, LLC: (302) 438-0884
- Help Me Grow / Delaware 2-1-1: Text message to (302) 231-1464
- Henrietta Johnson Medical Center: (302) 655-6187, ext. 255
- Hilltop Lutheran Neighborhood Center: (302) 656-3224
- Hope and a Future Project: (302) 559-3811
- James Groves Adult Education: (302) 454-2400 ext. 43161
- NCALL Homeownership Ed. & Counseling: (302) 678-9400
- NDEHS/Hilltop Lutheran Neighborhood Center: (302) 588-1863
- Parents as Teachers: (302) 454-5955
- Project LAUNCH: (302) 668-5468
- Read A-Loud Delaware: (302) 656-5256
- Springfield College: (302) 658-5720, ext. 221
- Stand By Me: (302) 255-9319
- Stepping Stones Community Federal Credit Union: (302) 824-5219
- Stop the Violence Prayer Chain Foundation, Inc: (302) 384-3483
- United Healthcare Community Plan: (302) 388-1692
- WECEC: (302) 388-4751

NCC OUTPATIENT TREATMENT RESOURCES

Appoquinimink Counseling Services, 11 Crawford St. 2nd floor, Middletown, DE, (302) 898-1616

Appoquinimink State Service Center, Middletown, DE, (302) 378-5770

Catholic Charities, 2601 W. 4th St., Wilmington, DE, (302) 655-9624

Child Guidance Resource Center, 102 Sleepy Hollow Dr. #103, Middletown, DE, (302) 279-1010

Children and Families First, 2005 Baynard Blvd., Wilmington, DE, (302) 658-5177

Christiana Counseling, 5235 W. Woodmill Dr., Suite 47-48, Newark, DE, (302) 995-1680

Delaware Guidance Services:

213 Delaware Ave., Wilmington, DE, (302) 652-3948.

1208 Drummond Plaza Office Park, Newark, DE, (302) 455-9333, CMH Contract

103 Mount Blanc Blvd., Dover, (302) 678-3020

Dr. Broudy and Associates:

825 N. Washington St., Wilmington, DE, (302) 655-7110

314 E. Main St., Kelway Plaza, Newark, DE, (302) 738-9466

Family Functional Therapy (must have child over 12 yrs in the home) (800) 734-2388

Jewish Family Service:

99 Passmore Rd., Wilmington, DE, (302) 478-9411.

288 E. Main St., Newark, DE, (The Relationship Center), (302) 478-9411

Juvenile Firesetter Intervention Program, Wilmington, New Castle, Newark, Dover, 1-800-432-8500

Kids Couch Inc., 240 N. James St. Suite 106, Newport, DE, (302) 633-0301

Middletown Counseling, 401 N. Broad St., Middletown, DE, (302) 376-0621

NET Counseling Center, 267 Christiana Road, (Community Plaza) New Castle, DE

(302) 368-2070, or (302) 325-6515

SOAR, Inc., 405 Foulk Rd., Wilmington, DE. (302) 655-3953. Counseling for sexual abuse.

Supporting Kidds: Grief and Bereavement., 1213 Old Lancaster Pike, Hockessin, DE, (302) 235-5544

Child Inc. (302) 762-8989

Children & Families First / Truancy Prevention: (800) 734-2388

Child Development Community Policy: (302) 576-3183

DRUG & ALCOHOL EVALUATION AND TREATMENT

• **Aquila**, 1812 Newport Gap Pike., Wilmington, DE, (302) 999-1106

• **Crossroads**, 2303 Lancaster Ave., Wilmington, DE, (302) 652-1405

• **Open Door**, 3301 Green St. Ste 2, Claymont, DE, (302) 798-9555

• **PACE Inc.** 5171 West Woodmill Dr., Suite 9, Wilmington, DE 19808, (302) 999-9812

HOSPITALS / TREATMENT CENTERS

• **Christiana Care**, (302) 733-1000

• **Rockford Center**, Newark, DE (302) 996-5480

• **MeadowWood**, 1-877-361-5738 (13 and older)

Center for the Improvement of Child Caring (CICC) www.ciccparenting.org

Delaware State Parent Advisory Council (DSPAC) www.doe.state.de.us

Federal Parent Resources www.ed.gov/parents

National Coalition for Parent Involvement in Education (NCPPIE) www.ncpie.org

National Parent Information Network (NPIN) www.fcps.net

National Standards for Parent/Family Involvement Program www.pta.org

Parent Information Resource Center of Delaware www.picofdel.org

24/7 Crisis Hotline: For anyone in immediate crisis, as well as pregnant women seeking substance abuse treatment services. New Castle: 800-652-2929 Kent and Sussex: 800-345-6785

Delaware Helpline (United Way): Free community, social service, health, and criminal justice information. Whether faced with the panic of a natural disaster or struggling to meet everyday needs, Delaware residents can get direct response and prompt assistance. 2-1-1 www.delaware211.org

Supplemental Nutrition Assistance Program (SNAP): Supplemental food program for low-income individuals and families who are given Electronic Benefits Transfer (EBT) cards for use at participating EBT retailers. 800-372-2022 dhss.delaware.gov/dss/foodstamps.html

Parent Information Center: Helps parents understand and find special education programs and works with public school staff. 888-547-4412 www.picofdel.org

Help Me Grow: Services and referrals for a healthy pregnancy; home visiting; screenings and early learning appointments for children, ages birth to 8, with developmental or behavioral challenges. 2-1-1 dethrives.com/help-me-grow

Help is Here website: Name and locations of detox, treatment, and recovery options in the region. Plus prevention and community information for the public and medical providers. HelpisHereDE.com

Delaware WIC Program: Nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. New Castle: 302-283-7540 Kent and Sussex: 302-424-7220

Child Development Watch: Support services for children ages birth to 3 with disabilities or developmental delays and their families. New Castle: 800-671-0050 Kent and Sussex: 800-752-9393 dhss.delaware.gov/dhss/dph/chs/chscdw.html

Child Support Services Program: Provides services for families looking for assistance with obtaining child or medical support. 302-577-7171 dhss.delaware.gov/dhss/dcse/index.html

Mobile Response and Stabilization Services: 24-hour response services for families with a child under 18 with ongoing emotional/behavioral issues within family, school, and community functioning. Mobile Response Hotline: 800-969-4357 Crisis Text Line: Text DE to 741741

Reporting Child Abuse/Neglect: 24-hour hotline available seven days/week with live staff able to take calls, respond to inquiries, and respond in urgent situations. 800-292-9582

Domestic Violence Hotline: Safety planning, transitional housing, shelter, case management, financial assistance, etc, for those struggling with domestic violence. New Castle: 302-762-6110 Kent and Sussex: 302-422-8058

Community Legal Aid: Legal services for eligible individuals. Services are provided to people with disabilities, older citizens age 60 and older, people living in poverty, victims of domestic violence, and immigrant victims of crime, abuse, and neglect. New Castle: 302-575-0660 Kent: 302-674-8500 Sussex: 302-856-0038

WOMEN'S HEALTH SERVICES AND BIRTH CONTROL (DELAWARE CONTRACEPTIVE ACCESS NOW):

NEW CASTLE COUNTY:

Christiana Care Ob/Gyn
800-693-CARE
www.christianacare.org/obgyn

Planned Parenthood
800-230-7526 www.plannedparenthood.org

Henrietta Johnson Medical Center
302-655-6187 www.hjmc.org

Nemours 800-767-5437 www.nemours.org

Dr. Janice Tildon-Burton 302-832-1124

Westside Family Healthcare
302-224-6800 www.westsidehealth.org

KENT COUNTY:

Planned Parenthood
800-230-7526
www.plannedparenthood.org

Khan Ob/Gyn
302-735-8720 www.khanobgyn.com

Westside Family Healthcare
302-678-4622 www.westsidehealth.org

Delaware OBGYN and Women's Health
302-730-0633
www.delawarewomenshealth.com

SUSSEX COUNTY:

La Red Health Center
302-855-1233
Press 1 for Georgetown
Press 2 for Seaford

Bayside Health Center
302-645-4700 (Lewes)
302-856-3597 (Georgetown)
www.baysidehealth.com